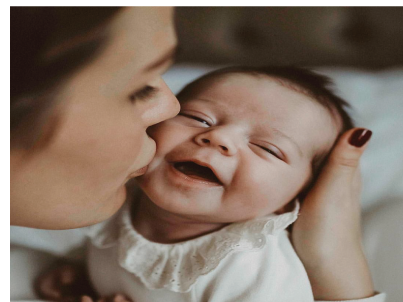


Many students at BYU want to grow their families while also pursuing their education. Unfortunately, some feel like they have to choose between school and family. This resource list is designed for student moms and dads so they can be aware of the resources and options available to them if they have a baby while in school.



## CAMPUS RESOURCES

- The Harold B. Lee library has a [family friendly study room](#) located on the main floor, which includes a child play area, private lactation room, and other accommodations to make studying with children easier for parents.

- [Mothers Rooms and Changing Station Map](#)

## TITLE IX

[Title IX](#) covers any gender-related issues, which includes pregnancy, birth, and postpartum needs. Here are some examples of situations in which you might seek a Title IX accommodation:

- Pregnancy symptoms are interfering with your schoolwork (e.g. morning sickness, fatigue, hyperemesis gravidarum)

- Planning your recovery from delivery (it is recommended you start the accommodation process in advance of your due date) or if you have a complicated delivery and need additional support

- You are suffering from a postpartum mood disorder such as postpartum depression, anxiety, or panic

## Options you have for continuing your education:

- Work with your professors directly to arrange short term extensions to deadlines for coursework

- Take BYU [Online](#) classes

- Enroll in [Independent Study](#) classes

- Contact the [Title IX coordinator](#) to work out an accommodation for your situation.

- Take fewer classes per semester. Keep in mind that part-time and three-quarter-time enrollment have different [tuition](#) implications.

- Request an [Incomplete Contract](#). This allows you to finish a class over a longer time period than the semester.

- Consider taking a [leave of absence](#).

- The university offers scholarships available for [single parents](#).

## OTHER HELPFUL IDEAS

- Look for mother's or parents' groups on Facebook. There are other student parents out there who may want to trade childcare and/or connect about their experiences.

- Make a plan for any child care you will need as early as you can. Many daycares have waiting lists.

- Pray for divine inspiration. The devotional titled [Women and Education: "A Future Only God Could See For You"](#) By Eva Witesman illustrates how different women may be led to different paths for pursuing education and family.

**wsr.byu.edu**

3326 Wilkinson  
Student Center  
(801) 422-4877  
wsr@byu.edu



@byuwsr



facebook.com/byu.wsr