

BYU has a dedicated Center for Service and Learning (Y-Serve) where volunteers can get connected to service opportunities.

Y-Serve has nearly 70 different service programs, many of which help women and children specifically.



**ADDITIONAL
RESOURCES**

For more information on these and other volunteer programs, visit <http://yserve.byu.edu>

Adopt a Grandparent - An experience you will never forget and one of the most cherished opportunities you will have here at BYU. Volunteers visit regularly with an “adopted” grandparent. If you would like to volunteer in another way, please contact us and we will let you know what other opportunities are available. We have several centers that we work with in the Provo/Orem area.

Healthcare - Welcome Baby is a Healthcare program through Y-Serve where volunteers have the opportunity to teach courses on child development to new mothers. Each volunteer will be assigned a few families to visit in their homes on a regular basis. Program hours are flexible.

CASA - Become a Court Appointed Special Advocate (CASA). This program pairs volunteers with abused and neglected children in the community and the volunteer will advocate for the interests of the children. Volunteers for this program must be at least 21 years old.

Best Buddies - College students are buddy-matched with adults from the community who have intellectual and developmental disabilities. Historically, adults with IDD have been isolated in home or work environments. Best Buddies is changing this by providing opportunities for people with IDD to create meaningful one-on-one friendships and to be involved in campus and community life!

Share Your Hair - During Fall and Winter semester, female BYU students can donate their hair to disadvantaged children who suffer from medical-related hair loss. A stylist from the Renaissance Academie cuts and styles the hair for those participating in the program.

Healing - This program matches volunteers with community members who are struggling with mental illness. Volunteers work with all age groups to help them develop social and daily living skills.

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