

*Now that you have decided to serve, it's time to prepare for that service! The missionary purpose is to "Invite others to come unto Christ by helping them receive the restored gospel through faith in Jesus Christ and His Atonement, repentance, baptism, receiving the gift of the Holy Ghost, and enduring to the end." In your preparation, think about how different activities can help you fulfill that purpose.*



## WAYS TO PREPARE

### Testimony & Knowledge of the Gospel

The first and most important step to missionary preparation is spirituality. You can prepare by studying the Book of Mormon daily, studying *Preach My Gospel*, being engaged at church meetings, and serving others.

### Personal Worthiness

Here are some ideas to help you maintain your personal worthiness: learn about standards of worthiness in *For the Strength of Youth* and *Preach My Gospel*; partake of the sacrament weekly; get a temple recommend, keep it current and visit the temple often; talk with your bishop about your personal worthiness if needed.

### Work & Self-Reliance

Prepare yourself for the hard work and diligence that a mission requires. Work with the missionaries in your area, become more proactive and independent, make an effort to meet new people and talk to them about a variety of topics, and plan and set goals.

### Physical & Emotional Health

Learn about and practice good physical and emotional health. Look into the basic physical requirements for a mission.

### Financial Preparation

Serving a mission requires careful financial preparation. Find a way to earn and save money for your mission, and be sure to always pay tithing.

## RESOURCES

Consider taking a mission and/or temple preparation class at BYU or in your ward, stake, or institute.

(If classes are unavailable or inconvenient, you can study the teacher's manual at [lds.org/manual/missionary-preparation-teacher-manual](https://www.lds.org/manual/missionary-preparation-teacher-manual))

Study *Preach my Gospel* (available on [churchofjesuschrist.org](https://www.churchofjesuschrist.org))

Visit these websites:

- [lds.org/youth/learn/mission-preparation](https://www.lds.org/youth/learn/mission-preparation) - resources for personal study
- [lds.org/topics/missionary-preparation](https://www.lds.org/topics/missionary-preparation) - a full guide to mission preparation

## ADDITIONAL RESOURCES

Read these conference talks/*Ensign* articles to learn more about preparing to serve a mission:

### "Come, All Ye Sons of God"

*President Thomas S. Monson, April 2013 General Conference*

### "Catch the Wave"

*Elder Russell M. Nelson, April 2013 General Conference*

### "Missionary Work and the Atonement"

*Elder Jeffrey R. Holland, March 2001 Ensign*

### "The Power of Teaching Doctrine"

*Elder Henry B. Eyring, April 1999 General Conference*

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