Now that you have decided to serve it’s time to prepare for that service! The missionary purpose is to “Invite others to come unto Christ by helping them receive the restored gospel through faith in Jesus Christ and His Atonement, repentance, baptism, receiving the gift of the Holy Ghost, and enduring to the end.” In your preparation think about how different activities can help you fulfill that purpose.

Ways to prepare
• Gospel knowledge and Testimony- The first and most important step to missionary preparation is spiritual. You can prepare by studying the Book of Mormon daily, study Preach My Gospel, be engaged at church meetings including seminary or institute, and serve others.
• Personal Worthiness- Here is some ideas to help you maintain your personal worthiness: Learn about standards of worthiness in For the Strength of Youth, and Preach My Gospel; Partake of the sacrament; Get a temple recommend, keep it current and visit the temple often; talk to your bishop about your personal worthiness if needed.
• Work and Self-Reliance- Prepare yourself for the hard work of the mission by: working with the missionaries in your area, become more proactive and independent, make an effort to meet new people and talk to them about a variety of topics, and plan and set goals.
• Physical and Emotional Health- Here is some ideas to help you maintain good physical and emotional health: learn about and practice good physical health, learn about the basic physical requirements for a mission, and learn about and practice good emotional health.
• Financial Preparation- Serving a mission requires careful financial preparation, find a way to earn and save money for your mission, and be sure to always pay tithing.

More resources
There are many resources available to help you prepare for a mission. Here are just a few:
• Consider taking a mission and/or temple preparation class at BYU or in your ward, stake, or institute if it is offered.
• Preach my Gospel- can be found on the church’s website.
• www.lds.org/youth/learn/mission-preparation - A study guide to better understand the missionary purpose.
• www.lds.org/topics/missionary-preparation -A full guide to mission preparation

Much of this information was taken from the church’s “Preparing to Serve” page found at https://www.lds.org/topics/missionary-preparation?lang=eng